

Making Therapy Accessible

SLIDING SCALE FEE OPTIONS

At Starks Therapy Group

Revised Aug 2024



The sliding scale structure offers reduced fees for those who need it (and for their dependents) so they can still receive therapy even when they would otherwise not be able to afford it. It is available for those who would have to pay for the entire cost of the sessions out-of-pocket.

This structure takes a client's income and compares it to the current federal poverty and living wage guidelines.

The chart below indicates the sliding scale fee reductions; these are based on income levels* for those who do not have insurance, including Medicare or Medicaid benefits.

**Federal Register by the U.S. Department of Health and Human Services poverty guidelines, January 2024.*

A living wage is often defined as a yearly income that's 150–200% of the poverty threshold, or the average wage needed for an American worker to "barely scrape by." Living wage chart and calculator can be found in more detail: <https://livingwage.mit.edu/>

Sliding Scale Fee Guidelines

1-hr session with participating therapists = \$150 (full price)

Household /Family Size	Annual Income (poverty level guidelines)	1-hr fee (20%)	Annual Income (2x)	1-hr fee (33%)	Annual Income (3x)	1-hr fee (50%)	Annual Income (4x)	1-hr fee (80%)
1	\$15,060	\$25	\$30,120	\$50	\$45,180	\$75	\$60,240	\$120
2	\$20,440	\$25	\$40,880	\$50	\$61,320	\$75	\$81,760	\$120
3	\$25,820	\$25	\$51,640	\$50	\$77,460	\$75	\$103,280	\$120
4+	\$31,200	\$25	\$62,400	\$50	\$93,600	\$75	\$124,800	\$120

We are giving clients the freedom to self-select, based on where you fall on the model.